

# **HEALTHY HEARTS**

## **Community Health Fair**

**...LOVE YOUR HEALTH**



HOSTED BY:  
Fort Service Learning Magnet Academy

**Thursday, February 7, 2013**

**10:00 A.M. – 2:00 P.M.**

**Fort Service Learning Magnet Academy  
2900 Woodruff Farm Rd.  
Columbus, GA 31907**

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### **FREE HEALTH SCREENINGS:**

**BLOOD SUGAR\***

**HIV**

**OTHER HEALTH SCREENINGS**

### **FREE HEALTH SEMINARS:**

**Self-Breast Exams**

**Fitness Plans**

**Sample Food Menus**

\* For the best results, refrain from  
eating 2-8 hours prior to testing

# **ZUMBA DEMONSTRATIONS**